



SYLLABUS

Course Title	Intro to Psychology
Course Number	PSY 117
Number of Credits	3
Course Dates	1/14/19 – 3/9/19
Instructor	Jean Kilnoski
Email Address	jean.kilnoski@doane.edu
Office Hours/Availability	Monday – Thursday 9:30 am – 5:30 pm; Friday 9:00 am – 5:00 pm
Phone Number	402-467-9021
Textbook Information: (e.g. title, edition, publisher, ISBN)	Feldman, R.S., <i>Essentials of Understanding Psychology</i> , (12 th Ed) McGraw/Hill, New York, NY ISBN 9781259531804
Additional Course Materials	
Course Description	An introduction to the systematic study of human cognition, emotion, and behavior with an emphasis on the scientific method. Fundamentals of behavior, learning, conditioning, development, cognitive processes, perception, emotion, personality, and psychopathology are among the content areas studied. Particular

	<p>emphasis is placed on the use of the scientific method for the study of human nature. Students successfully completing the course will demonstrate a general understanding of the knowledge established in these areas, as well as the methods used by psychologists to acquire that knowledge.</p>
Foundational Area of Knowledge	<p>Community and Identity</p> <p>Students will gain a greater understanding of themselves and the communities in which they live and work, and how identity is formed through the interaction of the individual and larger society.</p> <p>Students will work to:</p> <ul style="list-style-type: none"> • explore dimensions of human experience with regard to perceptions of self • understand how individuals interact to form communities and social structures • analyze the practical and ethical implications of interactions between individuals and those social structures
Course Learning Outcomes/Objectives	<p>At the conclusion of this course, students will be able to:</p> <ul style="list-style-type: none"> • Demonstrate knowledge of dimensions of human experience with regard to perceptions of self and others • Identify how individuals interact to form communities and social structures • Analyze the practical and ethical implications of interactions between individuals and social structures • Describe dimensions of the human experience from a psychological viewpoint • Critically examine research findings linking dimensions of the human experience to their understanding of self and others. • Demonstrate an understanding of concepts of psychology through a research-based presentation
Technology Requirements	<p>https://www.doane.edu/faq/minimum-computer-requirements</p>

Course Schedule

Week or Module	Topic	Content	Assessments Matched to Learning Outcomes	Due Date & Time
Week 1	What is psychology?	Read chapter 1	<p>1. Define psychology - Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>2. Identify different subfields of psychology-Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>3. Explore the history of psychology-Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>4. Explore ethical issues in conducting research -Reading application question on Blackboard, midterm exam</p>	By midnight the day before the class meeting.
Week 2	Biological basis of behavior	Read chapter 2	<p>1. Explore the structure of the neuron and explain how neurons function- Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>2. Identify the basic elements of the central and peripheral nervous system-Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>4. Identify and explain the function of major parts of the brain- Lecture, class activity,</p>	By midnight the day before the class meeting.

			Reading application questions on Blackboard, midterm exam	
Week 3	Sensation and perception	Read chapter 3	<p>1. Define sensation and perception-Lecture, class activity, Reading application questions on Blackboard, midterm exam</p> <p>2. Explore how sensation and perception influence sense of self and world- Lecture,, Reading application questions on Blackboard, midterm exam</p> <p>3. Explore perceptual organization - midterm exam</p>	By midnight the day before the class meeting.
Week 4	Altered states of consciousness	Read chapter 4	<p>Midterm exam covering chapters 1, 2, and 3</p> <p>1. Identify the stages of sleep-Reading application questions on Blackboard, final exam</p> <p>2. Identify common sleep problems- Reading application questions on Blackboard, final exam</p> <p>3. Examine the role circadian rhythms in regulating the body- Reading application questions on Blackboard, final exam</p> <p>4. Explore meditation as an altered state of consciousness- in-class activity, Reading application questions on Blackboard, final exam</p> <p>5. Identify different psychoactive and addictive substances-Reading application questions on Blackboard, final exam</p>	

Week 5	Conditioning	Read chapter 5	<p>1. Define learning/conditioning-Reading application questions on Blackboard, final exam</p> <p>2. Define habituation-Reading application questions on Blackboard, final exam</p> <p>3. Explain and apply classical conditioning- in-class exercises, Reading application questions on Blackboard, final exam</p> <p>4. Explain and apply operant conditioning- in-class exercises, Reading application questions on Blackboard, final exam</p> <p>5. Explain and apply cognitive approaches to learning- in-class exercises, Reading application questions on Blackboard, final exam</p>	By midnight the day before the class meeting.
Week 6	Memory	Read chapter 6	<p>1. Identify the 3 stages of memory-, Reading application questions on Blackboard, final exam</p> <p>2. Define short-term/working memory- in-class exercises, Reading application questions on Blackboard, final- exam</p> <p>3. Explore long-term memory and memory failure - Reading application questions on Blackboard, final exam</p>	By midnight the day before the class meeting.
Week 7	Health psychology	Read chapter 11	1. Define health psychology- in-class exercises, Reading application questions on Blackboard, final exam	

			<p>2. Define psychoneuroimmunology-Reading application questions on Blackboard, final exam</p> <p>3.Explain and apply coping strategies- Reading application questions on Blackboard, final exam</p> <p>4. Explain and apply strategies to promote well-being-Reading application questions on Blackboard, final exam</p>	
Week 8		Chapters 4, 5, 6, and 11	Final exam	

Grading Assessments

Type of Assessment	Points	Total possible points
Participation	10 points per week for 8 weeks	80
Reading application questions	20 points weeks 2, 3, 5, 6 and 7	100
Presentation	100	100
Research article critique and presentation	25	25
Midterm exam	100	100
Final exam	100	100
Total points	505	505

Grade Scale

A+ = 97-100% A = 94-96% A- = 90-93% B+ = 87-89% B = 84-86% B- = 80-83%
C+ = 77-79% C = 74-76% C- = 70-73% D+ = 67-69% D = 64-66% D- = 60-63%
F = 59% or below

Participation Policy	A student is expected to be prompt and regularly attend on-ground classes in their entirety. Regular engagement is expected for on-line courses. Participation in class discussions is an integral part of your grade.
Study Time	Students should expect to spend approximately 12 hours a week preparing for and actively participating in this 8-week 3 credit hour course. The actual time for study varies depending on students' backgrounds.
Late Work	Assignments submitted past the due date will have five points deducted per day for each day past the due date
Submitting Assignments	Assignments are submitted through Blackboard
Communication Policy including Assignment Feedback	Typically, students can expect to hear back from me within 48 hours
Academic Integrity Policy	New Academic Integrity Policy to be released AUTM 2018
Academic Support	Please contact academicsupport@doane.edu https://www.doane.edu/graduate-and-adult/academic-support
Disability Services	https://www.doane.edu/disability-services Doane University supports reasonable accommodations to allow participation by individuals with disabilities. Any request for accommodation must be initiated by the student as soon as possible. Each student receiving accommodations is responsible for his or her

	educational and personal needs while enrolled at Doane University. Please contact Chris Brady at chris.brady@doane.edu or 402-467-9031 for assistance.
Military Services	https://www.doane.edu/graduate-and-adult/military
Anti-Harassment Policy	http://catalog.doane.edu/content.php?catoid=5&navoid=452
Grade Appeal Process	http://catalog.doane.edu/content.php?catoid=5&navoid=238
Credit Hour Definition	Doane University follows the federal guideline defining a credit hour as one hour (50 minutes) of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks (one semester), or the equivalent amount of work over a different time period (e.g., an 8-week term). This definition applies to courses regardless of delivery format, and thus includes in-person, online, and hybrid courses (combination of in-person and online). It also applies to internship, laboratory, performance, practicum, research, student teaching, and studio courses, among other contexts.
Syllabus Changes	Circumstances may occur which require adjustments to the syllabus. Changes will be made public at the earliest possible time.